

# The Regional Fall Prevention Network

The Regional Fall Prevention Network (RFPNetwork) was established in 2012 in the Hospital District of Northern Savo. The social and health care services, rescue and fire services, and hospital district services in North Savo became the responsibility of the North Savo wellbeing services county starting on 1 January 2023. The Regional Fall Prevention Network is now part of the activities of the wellbeing services county of North Savo

The RFPNetwork is an open, interprofessional group with the aim of promoting prevention of falls and fall-related accidents in the whole area by supporting the introduction of evidence-based and consistent practices and guidelines.

The main objective is that the number of fall accidents will not increase in the area. These goals are pursued through consistent and evidence-based instruction, good practices, and education.

The network has more than 40 members from 13 organizations or groups of organizations and covers the entire area of the Hospital District of Northern Savo. The voice of population comes through the layman member.

## **RFPNetwork – interprofessional network**

- Professionals from
- Pharmacy
- Physiotherapy
- Nursing and nursing science
- Nursing leaders
- Medicine
- Vocational education and universities
- Patient safety
- Nutrition
- Professionals work in municipalities, the wellbeing services county of North Savo, educational institutions and social and health care organizations.

## **RFPNetwork produces free material**

RFPNetwork produces material to support the fall prevention. Materials are meant for the professionals and the people.

The RFPnetwork has produced [Stay Up-guide](#). These guides provide information about fall prevention to everyone but especially to elderly people and their loved ones. These guides are also beneficial for the professionals who treat them. The Stay Up-guide is also available in [Finnish](#), [Swedish](#), [English](#), [Turkish](#), [Arabic](#) and [Russian](#).

RFPNetwork and Stay Up-guide received The International Safety Media Award in autumn 2016.

## **RFPNetwork collaborates with EIP on AHA in the EU**

In the summer 2016 RFPNetwork joined to the European Innovation Partnership on Active and Healthy Ageing (EIP on AHA) network and there to [the A2 Falls prevention group](#).