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Hyväksyjä: Irma Koivula, 2.2.2024 09:07

### Päivämäärä

Yksikkö:	<b>142021</b>	Hoito- ja tutkimusohje	Julkinen
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Otsikko:	<b>INTERNATIONAL HEALTH CARE WORKERS AND STUDENTS HEALTH EXAMINATION</b>
Laatija(t):	Koivula Irma
Vastuuhlö:	Hämäläinen Sari
Hyväksyjä:	Koivula Irma
Kuvaus:	Kuvataan ulkomaisilta opiskelijoilta ja työntekijöiltä vaadittava terveystarkastus

**International health care WORKERS attend pre-employment medical examination at occupational health care before starting to work.**

**All international health care STUDENTS must take a general health examination within three months before their arrival and present the test results in English (or Finnish) upon school registration.**

- Results that are older than three months are not accepted. Students with insufficient health examination are not allowed to attend clinical courses or clinical practice arranged at health or social care.
- Results of the health examination will be managed at student health services according to the school in question.

**The content of the health examination for international students and health care workers:**

- **Medical history and physical examination.** In addition to a general health history, relevant past infectious diseases and exposure to infectious diseases (e.g., tuberculosis) should be disclosed.
- Laboratory tests to rule out carriage of multidrug-resistant (MDR) pathogens (MRSA, ESBL, VRE etc.) are NOT required. However, all persons with a previous clinical disease or a known carriage of MDR-pathogens must acquire special counselling on hygienic practices in health care (workplace or the school in question).
- **Vaccinations.** A thorough vaccination history report (vaccination records) is required.
  - All health care workers and students in Finland are required **by law** to:

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- Have immunity against chicken pox (varicella zoster) and measles (morbilli) either by a history of previous illness due these pathogens or by previous vaccination.
- Be yearly vaccinated against seasonal influenza.
- In pediatric wards to have a valid vaccination against whooping cough (pertussis, dtap-vaccination taken less than 5 years ago)
- **Tuberculosis.** [Tartuntatautilain mukaiset henkilökunnan terveystarkastukset](#)

The purpose of the personnel health examinations required under section 55 of the Communicable Diseases Act is to find infectious carriers of tuberculosis and thus prevent the spread of these diseases in work tasks where the conditions for spreading are high or the consequences serious.

[Tuberkuloosiin liittyvät terveystarkastukset | Työterveyslaitos \(ttl.fi\)](#)

**International health care workers** are examined at occupational health care according to guidance from the National Institute for Health and Welfare (THL):

[Työntekijälle tehtävät terveydentilan selvitykset tuberkuloositartuntojen torjumiseksi](#)

### International health care students

A written report of a Chest radiograph (thorax x-ray) needs to be presented if the student.

1. comes from an endemic area of tuberculosis (incidence > 100/100 000/v)
  - Endemic areas: [Maakohtainen suositus tartuntatautien seulontaan](#)

or

2. has treated or otherwise been in close contact with patients with tuberculosis or has clinical symptoms suggesting tuberculosis.

Further health examination is carried out according to guidance from the National Institute for Health and Welfare (THL):

[Työntekijälle tehtävät terveydentilan selvitykset tuberkuloositartuntojen torjumiseksi](#)

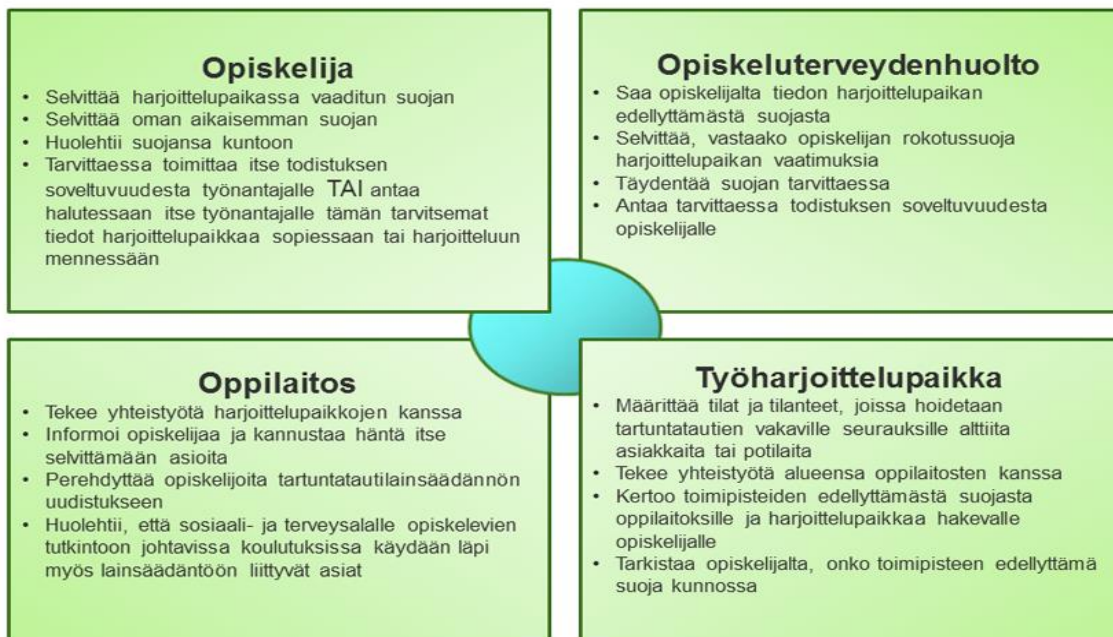
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## In Finland

- **University students:** can use student health services [Health examination - FSHS \(yths.fi\)](https://yths.fi)
- **Secondary education** [Student Welfare Services Kuopio | Savo Vocational College \(sakky.fi\)](https://sakky.fi)
- **Exchange students:**
  - EU/EEA, UK, Switzerland, Australia and Canada Quebec -citizens can use public health care- services.
  - Others can use the private health care providers (private health insurance needed). Finnish student health services (FSHS) are not available for exchange students.

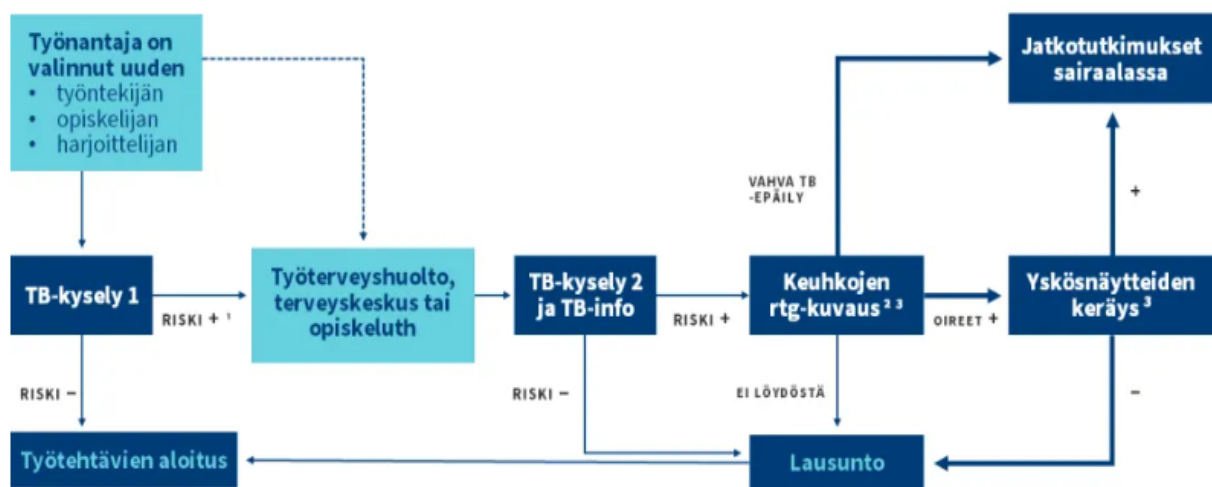
## THE NATIONAL INSTITUTE FOR HEALTH AND WELFARE (THL)

### Tartuntatautilain 48 pykälä ja työharjoittelu - eri toimijoiden roolit



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## Toimintamallin kaavio: pykälän 55 mukaisten tarkastusten suorittaminen työntekijöille



- <sup>1</sup> Jos oireeton henkilö esittää lausunnon kahden vuoden sisällä tehdystä tarkastuksesta, uutta tarkastusta ei tarvita.  
<sup>2</sup> Raskaana oleville oireettomille henkilöille tehdään kuvaus raskauden viimeisen kolmanneksen aikana.  
<sup>3</sup> Tarvittaessa konsultoidaan keuhko- tai infektio lääkäriin konsultaatio jatkotoimista ja siitä voiko henkilö aloittaa työn.

Työntekijöiden tarkastukset suositellaan toteutettavaksi työterveyshuollossa. Tällöin työnantaja maksaa tarkastuksen kustannukset. Tarkastuksista on neuvoteltava laadittaessa sopimuksia ja toimintasuunnitelmia. Koska tarkastus tehdään ennen työsuhteen alkua, se kuuluu Kela 0-luokkaan.

It is recommended that employee inspections be carried out in occupational health care. In this case, the employer pays the costs.